

Qualification Guide

Level 3

Diploma in Physiotherapy Support

601/7780/9



Physiotherapy



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Introduction

Agored Cymru

Agored Cymru is the Welsh awarding body specialising in meeting the distinct needs of learners, employers and communities.

We exist to create flexible learning opportunities and reward achievement to help people of every age and level achieve their full potential.

All our units and qualifications are flexible enough to meet the needs of learners in any setting – from schools to FE and from offender learning to training in the workplace.

With over 20 years of experience of designing inclusive learning, our team of specialists provides support in developing an accessible and quality assured curriculum.

We are a charity and social enterprise: we work collaboratively with partners to maximise the impact of learning in meeting the diverse needs of communities and employers in Wales.

Because we work exclusively in Wales, we are ideally placed to respond to the demands of our learners and centres. Our qualifications are uniquely tailored to the needs and priorities of individuals, communities, employers and the aims of a modern Wales.

We are **the** Welsh awarding body, working for the benefit of Wales: our dedicated team of specialists is committed to promoting the Welsh language by encouraging assessment through the medium of Welsh.

We offer our recognised centres the opportunity to deliver effective lifelong learning, widen opportunity and enable progression within current education and training frameworks.

At all times, we are committed to providing a high quality, responsive service to all our centres and learners.

Agored Cymru Qualifications:

- are charged at certification, which means you only pay for units achieved by learners;
- are available through the medium of Welsh, including certification;
- enable accreditation of component units to recognise continuing professional development (CPD), where full qualifications are not required;
- meet the needs of learners in Wales by developing qualifications that respond directly to the Welsh agenda;
- provide a range of flexible and responsive provision, designed to help learners achieve their potential;
- are designed to suit the needs and priorities of individuals, communities, employers and the national aims of a modern Wales.



Qualification Information

Qualification Overview

This qualification is for support workers in healthcare and social care in Wales, providing physiotherapy support to individuals in hospital, community and domiciliary settings, under the direction of a physiotherapist.

To undertake this qualification, learners must be employed in roles where physiotherapy is either all or part of their work. This may be in the NHS, local authority or independent provision and may include blended roles that cut across sectors, speciality areas of work and across professions.

It is the first qualification in the UK to assess the professional knowledge and competencies required by support workers in physiotherapy.

This qualification is approved by Skills for Health and endorsed by the Care Council for Wales.

Entry Requirements

Learners must:

- be at least 16 years of age to achieve this qualification
- be employed in roles where physiotherapy is either all or part of their work. This may be in local authority, NHS or independent provision and may include blended roles that cut across sectors, speciality areas of work and across professions.
- have a good standard of general education to GCSE / O level / CQFW Level 2 / NVQ Level 2
- receive supervision from a physiotherapist, who can assess their progress.

Employers will set their own expectations about induction into a physiotherapy support job role, some of which may provide evidence against this qualification through the recognition of prior learning.

Delivery Languages

This qualification is initially available in English and / or Welsh. If this qualification is required in other languages, please contact the Business Development team at Agored Cymru. BDTeam@agored.cymru



Qualification Information

Offering the Qualifications

This qualification is only available through Agored Cymru recognised centres. If you would like to find out more about either becoming a recognised centre or working in partnership with a recognised centre, please access the '[Centre](#)' area of the website or contact a member of the Business Development team for more information.

Progression Opportunities

- learners achieving this qualification are qualified to practice in NHS Band 3 or equivalent positions
- the qualification has been developed to provide an entry point to Level 4 / Band 4 / assistant practitioner education and training
- it enables learners to apply for assistant and technician practitioner posts in Wales.

Embedding Education for Sustainable Development and Global Citizenship (ESDGC)

Agored Cymru is committed to the embedding of ESDGC within learning in Wales. ESDGC recognises that everyone's actions are interlinked: the decisions and lifestyles of learners impact on the lives of other people throughout the world.

By integrating ESDGC within the curriculum, Learning and Development practitioners can present impartial and practical views that allow learners to make informed choices. ESDGC is not an 'additional subject': it should be integrated into all areas of the curriculum wherever possible.

There are seven interconnected key themes that have been identified within ESDGC: further information can be found on the [Welsh Government](#) website.

Each unit includes suggestions for embedding the different ESDGC themes. Please note that this is for guidance only and is not intended to restrict the ways in which ESDGC can be incorporated.



Qualification Information

NOS and other Standards

The qualification is mapped to:

- National Occupational Standards (NOS)
- National Health Service Knowledge and Skills Framework (NHS KSF)
- Code of Practice for Social Care Workers.

Information about mapping is displayed in each unit of the qualification.

Funding and Charges

Current funding information is available at the Database of Approved Qualifications in Wales (DAQW). <http://www.daqw.org.uk>

The current cost of each Agored Cymru qualification depends on the number of credits it contains. A minimum charge of £5 applies to any award of 1 credit.

More information can be found on the charges section of the Agored Cymru website.

A discount may be available for organisations registering learners for the full qualification from the outset. For further information regarding discounted charges and incentives please contact a member of the Business Development team on BDTeam@agored.cymru



Qualification Content

Structure and Content

Learners must achieve at least 65 credits to gain the qualification. To do this they must achieve all units from Mandatory Group A and at least 21 credits from Optional Group B.

The qualification consists of the following units:

Group A – Mandatory Units – 44 Credits				
QCF Reference Number	Agored Cymru Unit Code	Unit Title	Level	Credit Value
Y/601/8145	PT13CY016	Promote person centred approaches in health and social care	3	6
J/601/1434	PT23CY119	Promote communication in health, social care or children's and young people's settings	3	3
A/601/8574	PT12CY018	Principles of safeguarding and protection in health and social care	2	3
R/601/1436	PT23CY122	Principles for implementing duty of care in health, social care or children's and young people's settings	3	1
Y/601/1437	PT23CY121	Promote equality and inclusion in health, social care or children's and young people's settings	3	2
J/601/9470	PT13CY018	Promote good practice in handling information in health and social care settings	3	2
F/601/8138	PT13CY017	Promote and implement health and safety in health and social care	3	6
R/507/7183	PJ23CY018	Understanding Physiotherapy and Physiotherapy Practice	3	4
J/507/7181	PJ23CY016	Human Movement Systems	3	3
Y/507/7184	PJ23CY019	Using Movement Terminology	3	1
L/507/7182	PJ23CY017	Improving Posture Awareness and Therapeutic Positioning	3	4



Qualification Content

Group A – Mandatory Units – 44 Credits

QCF Reference Number	Agored Cymru Unit Code	Unit Title	Level	Credit Value
H/507/7186	PJ22CY019	Healthcare Support Worker: Supporting Mobility	2	3
K/507/7187	PJ13CY054	Supervising Patients Undertaking Therapeutic Exercise	2	6

Group B – Optional Units – Minimum 21 Credits

QCF Reference Number	Agored Cymru Unit Code	Unit Title	Level	Credit Value
M/507/7188	PH54CY015	Healthcare Support Worker: Patient Assessment	4	6
A/601/9028	PT13CY030	Provide support to continue recommended therapies	3	3
K/602/3883	PA12CY047	Monitor and maintain the environment and resources during and after clinical / therapeutic activities	2	3
L/502/1226	GA93CY004	Enable individuals to change their behaviour to improve their health and wellbeing while working as a Health Trainer	3	5
J/602/3521	PE13CY002	Adapt and fit healthcare equipment, medical devices, assistive technology, or products, to meet individuals' needs	3	6
L/602/3519	PJ13CY023	Assist in testing individuals' abilities prior to planning physical activities	3	5
R/506/1162	PJ13CY032	Enabling Independence in Mobility and Transfers	3	4
A/601/5190	PT13CY061	Support individuals with multiple conditions and/or disabilities	3	4
Y/601/6170	PT12CY059	Work with other professionals and agencies to support individuals with a physical disability	2	3



Qualification Content

Group B – Optional Units – Minimum 21 Credits				
QCF Reference Number	Agored Cymru Unit Code	Unit Title	Level	Credit Value
T/602/0968	AF43CY004	Contribute to effective multidisciplinary team working	3	3
T/507/7189	PH12CY035	Chaperoning	2	2
K/507/7190	PA52CY004	Healthcare Support Worker: Administration	2	3
J/601/6150	PT13CY024	Understand Physical Disability	3	3
F/601/3442	PT12CY030	Introductory awareness of sensory loss	2	2
L/501/6737	PL12CY019	The principles of Infection Prevention and Control	2	3
K/507/7187	PJ13CY054	Supervising Patients Undertaking Therapeutic Exercise	2	6
M/507/7191	PJ23CY020	Improving Patient Mobility: Mobility Aids	3	6
T/507/7192	PJ23CY021	Improving Patient Mobility: Gait Training	3	3
A/507/7193	PJ13CY055	Leading a Therapeutic Exercise Group	3	6
D/507/7199	PJ22CY018	Equipment Assisted Therapeutic Intervention: Assistive Devices	2	3
F/507/7194	PJ22CY017	Equipment Assisted Therapeutic Intervention: Outcome Measures	2	3
J/507/7195	PJ23CY022	Equipment Assisted Therapeutic Intervention: Electrical	3	3
L/507/7196	PJ23CY023	Equipment Assisted Therapeutic Intervention: Hand Exercise	3	3
R/507/7197	PJ23CY024	Equipment Assisted Therapeutic Intervention: Large Gym	3	3
Y/507/7198	PJ23CY025	Equipment Assisted Therapeutic Intervention: Small Gym	3	3



Qualification Content

Group B – Optional Units – Minimum 21 Credits				
QCF Reference Number	Agored Cymru Unit Code	Unit Title	Level	Credit Value
J/507/7200	PC83CY003	Hydrotherapy: Pool Maintenance	3	3
R/507/7202	PC82CY004	Hydrotherapy: Supporting Patient Care	2	6
J/507/7441	PC83CY004	Hydrotherapy: Patient Treatment	3	6
F/507/7180	PJ23CY015	Providing Physiotherapy Support to Older People	3	3
J/601/2874	PT12CY023	Dementia Awareness	2	2
F/601/3683	PT12CY032	Understand and implement a person centred approach to the care and support of individuals with dementia	2	3
J/602/0103	PT13CY004	Understand mental health problems	3	3
A/601/9174	PH14CY013	Identify the physical health needs of individuals with mental health needs and plan appropriate actions	4	5
D/506/1133	PJ12CY014	Understanding Falls	2	3
D/507/7204	HH12CY010	Understanding Stroke Care	2	2
H/507/7205	PH12CY036	Neurological Conditions and Confusional States	2	2
Y/601/6167	PT13CY025	Understand the impact of Acquired Brain Injury on individuals	3	3
K/507/7206	HH71CY006	Living With Chronic Obstructive Pulmonary Disease	1	3
M/507/7207	HH11CY016	Cardiac Rehabilitation	1	3
Y/602/3197	PJ23CY010	Assist in implementing treatment programmes for individuals with severely reduced movement/mobility	3	5
T/507/7208	GA32CY024	Child Development	2	3



Qualification Content

Group B – Optional Units – Minimum 21 Credits

QCF Reference Number	Agored Cymru Unit Code	Unit Title	Level	Credit Value
A/602/1880	PT24CY002	Support children and young people with physical disabilities	4	6
A/507/7209	GB52CY004	An Introduction to Developmental Co-ordination Disorders DCD	2	3
M/507/7210	PH43CY008	Working with Individuals with Profound and Multiple Learning Disabilities	3	6
L/602/3097	KB63CY004	Support individuals with cognition and learning difficulties	3	5
T/507/7211	HH12CY011	Living with Lymphoedema	2	2
A/507/7212	PH54CY016	Providing Skin Care for People with Lymphoedema	4	6
F/507/7213	PH54CY017	Promoting Exercise and Movement for Individuals with Lymphoedema	4	3
J/507/7214	PH54CY018	Providing Simple Lymph Drainage Massage Care for People with Lymphoedema	4	6
L/507/7215	PH54CY019	Assist with the Application of Multi Layered Lymphoedema Bandaging of the Lower Limb	4	3
R/507/7216	PH54CY020	Assist with the Application of Multi Layered Lymphoedema Bandaging of the Upper Limb	4	3
Y/507/7217	PH54CY021	Developing Key Worker Skills in the Management of Lymphoedema /Chronic Oedema	4	3
D/507/7218	PH54CY022	Managing Chronic Oedema in Community Settings	4	3



Qualification Content

Exemptions

Learners can claim exemption from some of the achievement requirements of this qualification using evidence of certificated, non-QCF achievement deemed to be of equivalent value.

The following exemptions apply:

Exemption Unit				Unit in Qualification			
Unit Title	Level	Credit	Unit Reference Code	Unit Title	Level	Credit	Unit Reference Code
Healthcare support worker: patient assessment	4	6	PH54CY006	Healthcare support worker: patient assessment	4	6	PH54CY015
Chaperoning	2	2	PH12CY032	Chaperoning	2	2	PH12CY035
Healthcare support worker: administration	2	3	PA52CY002	Healthcare support worker: administration	2	3	PA52CY004
Supervising patients undertaking therapeutic exercise	3	6	PJ13CY005	Supervising patients undertaking therapeutic exercise	3	6	PJ13CY054
Improving patient mobility: mobility aids	3	6	PJ23CY004	Improving patient mobility: mobility aids	3	6	PJ23CY020
Improving patient mobility: gait training	3	3	PJ23CY014	Improving patient mobility: gait training	3	3	PJ23CY021
Leading a therapeutic exercise group	3	6	PJ13CY004	Leading a therapeutic exercise group	3	6	PJ13CY055
Equipment assisted therapeutic intervention: outcome measures	2	3	PJ22CY008	Equipment assisted therapeutic intervention: outcome measures	2	3	PJ22CY017
Equipment assisted therapeutic intervention: electrical	3	3	PJ23CY007	Equipment assisted therapeutic intervention: electrical	3	3	PJ23CY022



Qualification Content

Exemption Unit				Unit in Qualification			
Unit Title	Level	Credit	Unit Reference Code	Unit Title	Level	Credit	Unit Reference Code
Equipment assisted therapeutic intervention: hand exercise	3	3	PJ23CY008	Equipment assisted therapeutic intervention: hand exercise	3	3	PJ23CY023
Equipment assisted therapeutic intervention: large gym	3	3	PJ23CY009	Equipment assisted therapeutic intervention: large gym	3	3	PJ23CY024
Equipment assisted therapeutic intervention: small gym	3	3	PJ23CY005	Equipment assisted therapeutic intervention: small gym	3	3	PJ23CY025
Equipment assisted therapeutic intervention: assistive devices	2	3	PJ22CY007	Equipment assisted therapeutic intervention: assistive devices	2	3	PJ22CY018
Hydrotherapy: pool maintenance	3	3	PC83CY001	Hydrotherapy: pool maintenance	3	3	PC83CY003
Hydrotherapy: supporting patient care	2	6	PC82CY002	Hydrotherapy: supporting patient care	2	6	PC82CY004
Hydrotherapy: patient treatment	3	6	PC83CY002	Hydrotherapy: patient treatment	3	6	PC83CY004
Understanding stroke care	2	2	HH12CY008	Understanding stroke care	2	2	HH12CY010
Neurological conditions and confusional states	2	2	PH12CY007	Neurological conditions and confusional states	2	2	PH12CY036
Living with chronic obstructive pulmonary disease	1	3	HH71CY005	Living with chronic obstructive pulmonary disease	1	3	HH71CY006



Qualification Content

Exemption Unit				Unit in Qualification			
Unit Title	Level	Credit	Unit Reference Code	Unit Title	Level	Credit	Unit Reference Code
Cardiac rehabilitation	1	3	HH11CY015	Cardiac rehabilitation	1	3	HH11CY016
Child development	2	3	GA32WE001	Child development	2	3	GA32CY024
An introduction to developmental co-ordination disorders	2	3	GB52CY002	An introduction to developmental co-ordination disorders	2	3	GB52CY004
Working with individuals with profound and multiple learning disabilities	3	6	PH43CY005	Working with individuals with profound and multiple learning disabilities	3	6	PH43CY008
Living with lymphoedema	2	2	HH12CY007	Living with lymphoedema	2	2	HH12CY011
Providing skin care for people with lymphoedema	4	6	PH54CY009	Providing skin care for people with lymphoedema	4	6	PH54CY016
Promoting exercise and movement for individuals with lymphoedema	4	3	PH54CY012	Promoting exercise and movement for individuals with lymphoedema	4	3	PH54CY017
Providing simple lymph drainage massage care for people with lymphoedema	4	6	PH54CY011	Providing simple lymph drainage massage care for people with lymphoedema	4	6	PH54CY018
Assist with the application of multi-layered Lymphoedema bandaging of the lower limb	4	3	PH54CY008	Assist with the application of multi-layered Lymphoedema bandaging of the lower limb	4	3	PH54CY019



Qualification Content

Exemption Unit				Unit in Qualification			
Unit Title	Level	Credit	Unit Reference Code	Unit Title	Level	Credit	Unit Reference Code
Assist with the application of multi-layered Lymphoedema bandaging of the upper limb	4	3	PH54CY010	Assist with the application of multi-layered Lymphoedema bandaging of the upper limb	4	3	PH54CY020
Developing key worker skills in the management of Lymphoedema/ chronic oedema	4	3	PH54CY013	Developing key worker skills in the management of Lymphoedema/ chronic oedema	4	3	PH54CY021
Managing chronic oedema in community settings	4	3	PH54CY014	Managing chronic oedema in community settings	4	3	PH54CY022

Recognition of Prior Learning (RPL)

For this qualification, units can be recognised through RPL. All evidence for RPL must be internally and externally verified.

Centres must follow the '**Recognition of Prior Learning (RPL) Policy and Procedure**'.

Units

Agored Cymru Level 3 Diploma in Physiotherapy Support - 601/7780/9
<http://www.agored.cymru/Units-and-Qualifications/Qualification/127569>



Quality Assurance Processes

Registration

Centres must register all learners within 40 working days of the start date of the course/learner.

Assessment

Centres design and deliver the assessment for this qualification and must adhere to Agored Cymru's quality assurance requirements of delivering this qualification, or any unit(s) from this qualification.

The QA requirements which may require assessors and/or internal verifiers to have specific competencies can be found on the units.

Centres must ensure that the assessment is fit for purpose. The assessment must allow all learners to generate evidence to meet all assessment criteria and all learning outcomes see **Guide to Assessment**. Centres must use the prescribed assessment methods, where stated.

Assessors must:

- have current and/or relevant experience in assessing;
- have undertaken relevant training if new to assessing (see website for Agored Cymru Introduction to Assessment courses);
- have good knowledge and understanding of Agored Cymru assessment requirements;
- be familiar with the level of the unit(s)/qualification(s) being delivered;
- have good subject knowledge and understanding and/or experience of the unit(s)/qualification(s) being assessed.

Assessors do not currently need to have a formal assessment qualification to assess Agored Cymru and/or NOCN units and/or qualifications, unless stated in the qualification guide or unit specification. However, Agored Cymru strongly recommends that assessors work towards formal accreditation (e.g. Level 3 Certificate in Assessing Vocational Achievement). In addition, Agored Cymru strongly recommends that assessors attend Agored Cymru's Introduction to Assessment training that is free of charge to recognised centres. Dates of when training events are held can be found **here**.



Quality Assurance Processes

Internal Quality Assurance

Centres are required to verify all assessments through their internal quality assurance processes - **Guide to Internal Verification**.

Internal quality assurers must:

- have current and/or relevant experience in assessing and internal verification;
- have undertaken relevant training if new to internal quality assurance (see website for Agored Cymru Introduction to Internal Verification courses);
- have good knowledge and understanding of Agored Cymru internal verification requirements.

External Quality Assurance

This qualification is subject to external quality assurance by Agored Cymru.

Reasonable Adjustments and Special Considerations

Centres must consult the **Reasonable Adjustments Policy** and **Special Consideration for Adjustments Policy** if learners require any adjustments to the assessment process.

Retention of Assessment Materials

Current information on retention of evidence can be found at **Retention of Assessment Materials Policy**

Standardisation

Current information on Agored Cymru standardisation workshops can be found on our website **<http://www.agored.cymru/Events/Standardisation>**

Certification

Centres receive certificates from Agored Cymru within 15 working days of the submission of a correctly completed recommendation for the award of credit (RAC) form.

Centres are required to distribute certificates to all learners promptly.



Agored Cymru Level 3 Diploma in Physiotherapy Support - 601/7780/9

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